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Whatever Is Lovely: A 90-Day Devotional Journal (Faithgirlz)



Synopsis

Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—*if anything is excellent or praiseworthy*—think about such things.—*Philippians 4:8* Did you know you can totally change your life by changing your thoughts? Well, you can, and *Whatever Is Lovely: A 90-Day Devotional Journal* can get you started. With examples based on girls just like you, each of these 90 devotionals will show you how to fill your head and your heart with virtues taken straight from *Philippians 4:8*, helping you grow closer to God and the amazing life he intended for you. Featuring a trendy color interior, a ribbon marker, and journaling lines for you to write your thoughts, *Whatever Is Lovely* will inspire you to read and reflect on the devotionals every single day.

Book Information

Series: Faithgirlz

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Age Range: 8 - 12 years

Grade Level: 8 - 12

Customer Reviews

Allia Zobel Nolan is an internationally-published author of over 200 children's titles and adult trade titles. Her books reflect her two main passions, God and cats. Zobel Nolan lives and writes in Connecticut with her husband, Desmond Nolan and their two feline children.

I just ordered my second copy of this wonderful book. I decided to keep the first one, which I purchased as a gift, for myself. *Whatever is* a lovely book with easy and thought-provoking daily

messages. I highly recommend this book.

Purchased as a gift for my 10 yr old granddaughter (reviewed by Mom beforehand). She loves it, reads and journals daily!

My 11 year old loved this devotional!

WOW! Just WOW! I have had a few different devotional journals in the past, but this one blew them all away. I think the design itself sets it apart from others I have seen. First off, this is a hardcover book. I am used to small paperback type of devotionals. The cover is beautiful, and the text is written in purple. It is stunning! I thought it would be distracting, but it was not at all. This also comes with a ribbon bookmark, to help you keep your spot. I think this is unique touch and I loved it! My favorite part about this devotional journal is the thoughts section. At the end of each day (or section), there is a place where you can leave your thoughts. I love being able to write down how I was feeling or relating to that devotion/topic. The devotions have been amazing so far, and really put them in a way to understand what they are saying. I have not finished all of them, but I have been able to understand and relate to almost all of the ones I have read so far. I think this would be an amazing gift for anyone, but especially for teenage girls. I am in my 30's, and am loving it. I am so happy this came to me (right when I needed it.) I am sad that this is only 90 days, and I will be looking to see if there are more versions.

The 90 messages cover emotions, truth, purity, finding peace, and more. Relevant verses are included, and girls have room for reflection in each devotion. It's short enough to read before breakfast, yet meaningful in quality. I appreciate that there are 90 days instead of 30. This can, perhaps, help to make such meditation a habit. The only thing I'd change about the *Whatever Is Lovely* devotional is the cover. I'm not a big fan of heart-embellished decor, and this cover makes me think it's for little-ish kids. This is definitely meant for teens, as some grown-up topics are mentioned. I received this title from the BookLook program. Opinions shared are mine.

This devotional is a lovely way to plant positive thoughts in young minds. In a world bombarded by negativity, Allia Zobel Nolan's book uplifts and encourages. Issues that bother teens, such as measuring up, snap judgments, pressure toward destructive behavior, are presented as if you are

sitting with a wise, compassionate friend. Language friendly. Insightful. For example, Devotion #80, "Do The Deed, Skip the Praise" points kids toward being helpful and giving as an act of worship to God, rather than acting in self-worship. This is a beneficial viewpoint since too much in our world is about "me, me, me, look at me." After every devotional there are prompts and a space to journal one's thoughts. A great tool to raise any child toward self-reflection. "Whatever is Lovely" has a Christian viewpoint, but anyone can benefit from reaching toward a power higher than him/herself. Though it's written for young people, I'm 63, and I got a lot out of this book.

Whatever is Lovely: A 90-Day Devotional Journal is a Christian devotional by Allia Zobel Nolan. Who is the book geared to? It's hard to say. Whatever is Lovely is published by faithgirlz, which is written for a 9 to 12-year-old girl audience. However, the book does talk about a few "older" topics, such as underage drinking and "sex appeal." Some parents may encourage their 9-year-old to read about these topics, whereas other parents will want to shield their 12-year-olds from reading about them. Additionally, the sections that talk about things such as eye rolling or obsessing over weight are more often behaviors and concerns of a 12-year-old than a 9-year-old. The text is printed in purple, and the content has a "hip and cool" feeling to it, as if you are reading a teen magazine. The book seems as if it is written to a certain type of tween: perhaps one that loves hanging out with friends, texting, and going to the mall. Each of the 90 days of devotions expands upon a particular Biblical passage, relating it to real-life analogies. Zobel Nolan's content is very Bible-based, and at the end of each devotion, the author has included a journaling section where the reader can write her own thoughts about that day's passage. *I received this book for review*

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